



KNUTSFORD IYENGAR YOGA CENTRE

Affiliated to the Iyengar Yoga Association (UK)

11 Branden Drive, Knutsford, WA16 8EJ

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CLASS TIMETABLE - SPRING TERM 2020

The Spring Term starts on Monday, 6th January and finishes on Sunday, 5th April 2020

Half Term is from Monday, 17th February to Sunday 23rd February 2020

Course Fees are payable to the class teacher at the start of each term

New 6 week Foundation Courses will start week beginning 24th February 2020 (Course Fee £48)

MONDAYS				
10.00 to 12.00	General	12 weeks	£ 120.00	Margaret
13.00 to 14.30	General/Beginners	12 weeks	£ 108.00	Jules
15.00 to 16.00	Easy and Gentle	12 weeks	£ 120.00	Elise
18.00 to 19.00	Foundation	6 weeks	£ 48.00	Tanja
19.30 to 21.00	General	12 weeks	£ 108.00	Susie
TUESDAYS				
7.00 to 8.30	Early Morning	12 weeks	£ 108.00	Richard
10.00 to 12.00	General	12 weeks	£ 120.00	Cath
12.45 to 14.45	General	12 weeks	£ 120.00	Margaret
19.00 to 21.00	General	12 weeks	£ 120.00	Margaret
WEDNESDAYS				
10.00 to 11.00	Foundation	6 weeks	£ 48.00	Margaret/Jules
12.45 to 14.45	General	12 weeks	£ 120.00	Margaret
18.00 to 19.30	General/Beginners	12 weeks	£ 108.00	Jules
20.00 to 21.00	Foundation	6 weeks	£ 48.00	Karen
THURSDAYS				
10.00 to 12.15	Intermediate	11 weeks (No class 23.1.20)	£ 132.00	Margaret
13.00 to 14.00	Easy and Gentle	11 weeks (No class 23.1.20)	£ 110.00	Jill/Lindsay
14.30 to 15.45	Therapy	4 weeks (No classes 23.1.20 and 13.2.20)	£ 56.00	Jill/Lindsay
18.00 to 19.30	General	12 weeks	£ 108.00	Susie
FRIDAYS				
7.00 to 8.30	Early Morning	12 weeks	£ 108.00	Jill
9.30 to 11.30	General	11 weeks (No class on 24.1.20)	£ 110.00	Jill
18.30 to 19.45	Restorative	`Drop-In` Class - no need to book	£10 a class	Various
SATURDAYS				
9.00 to 10.30	General/Beginners	12 weeks	£ 108	Elise
SUNDAYS				
9.00 to 10.00	Foundation	6 weeks	£ 48.00	Rebecca
10.30 to 12.00	General/Beginners	11 weeks (No class 26.1.20)	£ 99.00	Richard

For further information on the courses, please contact the class teacher(s)

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