



KNUTSFORD IYENGAR YOGA CENTRE

Affiliated to the Iyengar Yoga Association (UK)

11 Branden Drive, Knutsford, WA16 8EJ

www.KnutsfordYoga.co.uk

Tel No: 07807 348441

Email: KnutsfordYoga@aol.com

COURSE TIMETABLE

5th October to 1st November 2020 (4 weeks)

To book a place, please go to the Student Booking Form- www.KnutsfordYoga.co.uk

MONDAYS				
9.00 to 10.15	General	4 weeks	£ 40.00	Margaret
11.00 to 12.15	General	4 weeks	£ 40.00	Margaret
13.00 to 14.15	General/Beginners	4 weeks	£ 40.00	Jules
15.00 to 16.00	Easy and Gentle	4 weeks	£ 40.00	Elise
17.45 to 18.45	Foundation	4 weeks	£ 40.00	Tanja
19.30 to 20.45	General	4 weeks	£ 40.00	Tanja
TUESDAYS				
7.00 to 8.15	Early Morning	4 weeks	£ 40.00	Richard
9.00 to 10.15	General	4 weeks	£ 40.00	Cath
11.00 to 12.15	General	4 weeks	£ 40.00	Cath
13.00 to 14.15	General	4 weeks	£ 40.00	Maxine
18.45 to 20.00	General	4 weeks	£ 40.00	Louise
WEDNESDAYS				
9.00 to 10.00	Foundation	4 weeks	£ 40.00	Margaret
11.00 to 12.00	Foundation	4 weeks	£ 40.00	Margaret
13.00 to 14.15	General	4 weeks	£ 40.00	Margaret
18.30 to 19.45	General/Beginners	4 weeks	£ 40.00	Jules
20.15 to 21.15	Foundation	4 weeks	£ 40.00	Jules
THURSDAYS				
9.00 to 10.15	Intermediate	4 weeks	£ 40.00	Margaret
11.00 to 12.15	Intermediate	4 weeks	£ 40.00	Margaret
13.00 to 14.00	Easy and Gentle	4 weeks	£ 40.00	Jill
FRIDAYS				
7.00 to 8.15	Early Morning	4 weeks	£ 40.00	Jill
9.00 to 10.15	General	4 weeks	£ 40.00	Jill
11.00 to 12.15	General	4 weeks	£ 40.00	Jill
SATURDAYS				
9.00 to 10.15	General/Beginners	4 weeks	£ 40.00	Elise
SUNDAYS				
9.00 to 10.00	Foundation	4 weeks	£ 40.00	Lindsay Shaw
10.45 to 12.00	General/Beginners	4 weeks	£ 40.00	Richard