



KNUTSFORD IYENGAR YOGA CENTRE

Affiliated to the Iyengar Yoga Association (UK)

11 Branden Drive, Knutsford, WA16 8EJ

Tel No: 07807 348441

Email: KnutsfordYoga@aol.com

COURSE TIMETABLE

7th December to 17th January 2021 (4 weeks)

Please note that the regular classes will not be running from 21st December to 3rd January 2021 due to the Christmas Holidays

Please book online at www.KnutsfordYoga.co.uk

MONDAYS				
9.00 to 10.15	General	4 weeks	£ 40.00	Margaret
11.00 to 12.15	General	4 weeks	£ 40.00	Margaret
13.00 to 14.15	General/Beginners	4 weeks	£ 40.00	Jules
15.00 to 16.00	Easy and Gentle	4 weeks	£ 40.00	Elise
17.45 to 18.45	Foundation	4 weeks	£ 40.00	Tanja
19.30 to 20.45	General	4 weeks	£ 40.00	Tanja
TUESDAYS				
7.00 to 8.15	Early Morning	4 weeks	£ 40.00	Richard
9.00 to 10.15	General	4 weeks	£ 40.00	Cath
11.00 to 12.15	General	4 weeks	£ 40.00	Cath
17.45 to 19.00	General	4 weeks	£ 40.00	Louise
19.30 to 20.45	General	4 weeks	£ 40.00	Louise
WEDNESDAYS				
9.00 to 10.00	Foundation	4 weeks	£ 40.00	Margaret
11.00 to 12.00	Foundation	4 weeks	£ 40.00	Margaret
13.00 to 14.15	General	4 weeks	£ 40.00	Margaret
18.30 to 19.45	General/Beginners	4 weeks	£ 40.00	Jules
20.15 to 21.15	Foundation	4 weeks	£ 40.00	Jules
THURSDAYS				
9.00 to 10.15	Intermediate	4 weeks	£ 40.00	Margaret
11.00 to 12.15	Intermediate	4 weeks	£ 40.00	Margaret
13.00 to 14.00	Easy and Gentle	4 weeks	£ 40.00	Jill
FRIDAYS				
7.00 to 8.15	Early Morning	4 weeks	£ 40.00	Jill
9.00 to 10.15	General	4 weeks	£ 40.00	Jill
11.00 to 12.15	General	4 weeks	£ 40.00	Jill
SATURDAYS				
9.00 to 10.15	General/Beginners	4 weeks	£ 40.00	Elise
SUNDAYS				
9.00 to 10.00	Foundation	4 weeks	£ 40.00	Rebecca
10.45 to 12.00	General/Beginners	4 weeks	£ 40.00	Richard

For further information please contact

Margaret Carter

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